

**How To Use**

**The**

**VITAPULSER**

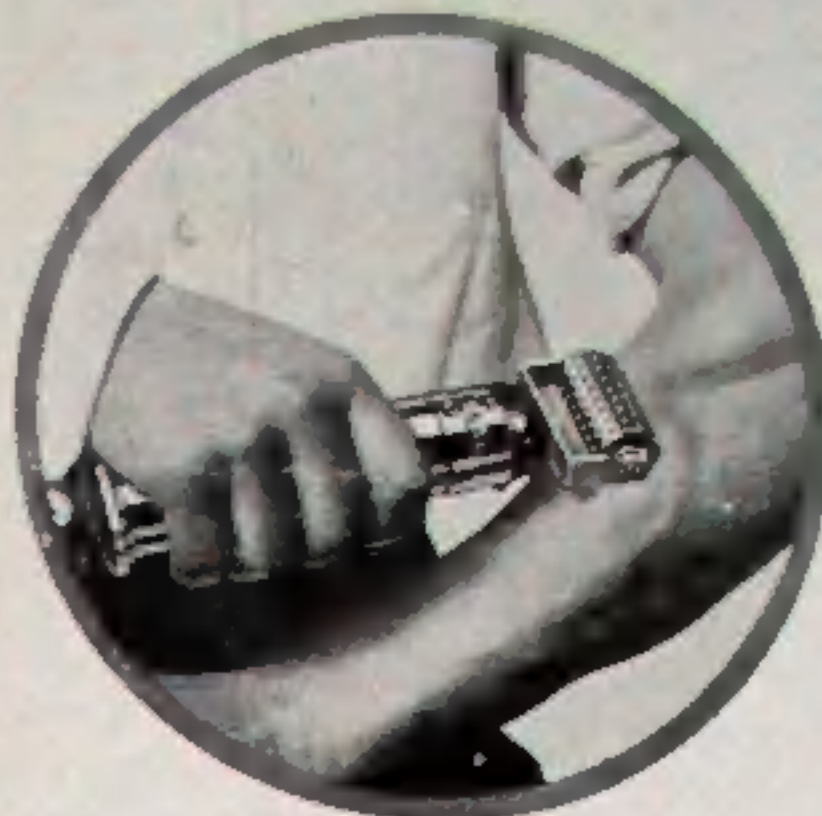


PLATE No. 1



HOW TO START IT  
This Is Also the Hand Treatment.

PLATE No. 2



ROLLER APPLICATION

PLATE No. 3



SPONGE APPLICATION  
Apply Wherever Needed

PLATE No. 4



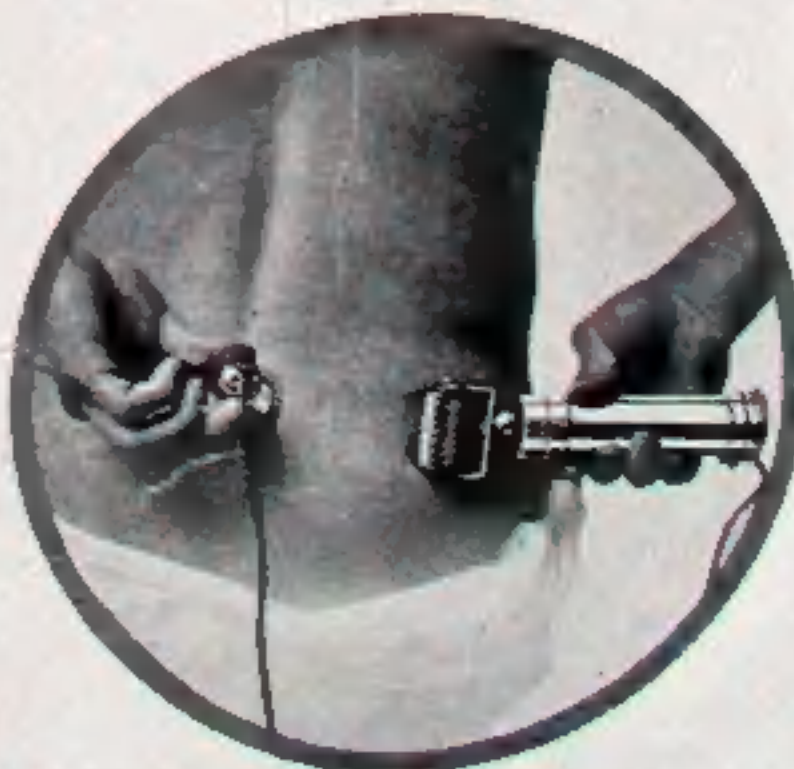
DOUBLE OR CONCENTRATED  
APPLICATION

PLATE No. 5



GENERAL TREATMENT

PLATE No. 6



DOUBLE APPLICATION  
Lumbago, Etc. (See Directions.)



## Foreword

Simple and effective. This briefly describes the Vitapulser and explains why so many physicians have adopted it in their practice in preference to the cumbersome and expensive apparatus generally provided for their use. A child can operate it; there is nothing to get out of order, and if taken care of, it will last an average lifetime.

Do not attempt to judge the Vitapulser by looking at it, for within the sturdy frame of this simple, compact little device is a power which has brought relief from suffering and has imparted new life and happiness to many homes and individuals throughout the world.

And the Vitapulser will do as much for you if you will but value it as its record warrants, and use it rightly.

There are some simple conditions where even when used carelessly, the Vitapulser will give satisfactory results, but it stands to reason that those conditions which are of long standing must be treated systematically and with intelligence.

As it has taken some time for the discord to develop into the trouble stage, is it not natural that a reasonable length of time will be required to do away with the cause?

When physicians use the Vitapulser on their patients, they do considerable thinking before and while making the applications. The difference is that when you treat yourself, as is now made possible with the Vitapulser, you must do some of the thinking and work, for which you would have to pay the physician were you to take the same treatment from him.

Therefore, should one merely run the Vitapulser over the body a time or two, without any thought as to what one wished to accomplish, the Vitapulser should not be blamed if the results should happen to be less than was desired.

Do not gather from this that it is difficult to use the Vitapulser; on the contrary, it is very easy and simple, as you will find with a little practice. The point we wish to emphasize is, that there is hardly any limit to what may be accomplished with the Vitapulser if you will study the instrument and make profitable use of your own observations of the effects of the various applications.

NOTE—For a long time so many have referred to the S. O. S. Pulser as the "Vital Impulse," "Vital Impulser," etc., that, in order to avoid confusion and to comply with many suggestions that have been given, it has been finally decided to adopt the name, the Vitapulser.



# General Instructions

In applying the Vitapulser to the body you will notice places here and there where the muscles pull and contract with much greater violence; and places where you will feel the most intense vibration. By prolonging the applications at such places you will get the greatest amount of action and benefit from the Vitapulser.

For instance apply the Vitapulser to the upper part of the forearm near the elbow; to various parts over the abdomen or to the large muscle of the leg where it ends just beside the knee to the inside, and you will see an exhibition of the power of the Vitapulser. Apply the Vitapulser just back of the knee—in the pit of the knee—and you will feel a most intense vibration clear down into the foot; also apply at the nape of the neck just to one side or the other of the spine and at the edge of the hair and you will feel the most intense vibration all over the top of the head. (This is a part of the Headache application and while very active it is also very soothing).

There are a great many such places over the body, but these are sufficient for the purpose of illustration. The point is this: The physician knows how to locate all these places—that is his business—but you will soon be able to do the same thing yourself if you will practice with the Vitapulser a little every day. Get the main principles firmly fixed in your mind, then experiment with the Vitapulser. Try out all the different applications, the Direct Roller Application, the Sponge Application and the Double or Concentrated Application. Think while you are doing this, and from your own observations of the effect of this kind of application here and that kind there, you will in a short time know so much about how to use the Vitapulser, that you will rarely need to refer to the directions.

## Practice Is Essential

**The Importance of Practice—Read This Carefully:** By way of emphasizing the importance of practice, it may be safely said that daily, thoughtful practice with the Vitapulser will almost do away with the need for any special directions.

Of course, it is essential to first carefully study ALL the instructions on "How to Use the Vitapulser," together with the pictures illustrating the different applications; but, by practice and experiment, the user will not only become skillful in using the Vitapulser, but in addition, will learn many new and valuable uses for this remarkable device.



Our responsibility to the public does not permit mentioning every condition which records show to have been benefited by the Vitapulser. It is no light matter to raise useless hope of relief from a condition which really requires the surgeon's attention.

At the same time, it would be nothing less than neglect not to make it known that the Vitapulser has given great relief in some ailments and new vigor in certain physical deficiencies which had long resisted medical treatment.

Knowledge of the Vitapulser's merit in these unusual and private matters came to the user through PRACTICE.

## Important Things to Remember

**How to Start the Vitapulser:** Always start the Vitapulser in this manner: Take the instrument in the right hand and grasp the roller firmly in the left hand; then with the thumb of the right hand push the small knob to the right towards the numbers which indicate the various strengths.

As the knob passes from one strength to another there will be a slight break in the current. The strength may not always register exactly opposite the number, but by moving the knob slightly one way or the other the contact within will register properly and the current for that strength will flow smoothly. See Plate No. 1.

**Warning:** Never tamper with the instrument. If it should ever get out of order or fail to work as it should, write to the company about it. **A new battery** or a slight adjustment, with very few exceptions, is all that is needed. Local repair men rarely have the proper facilities and unless the trouble is the result of rough usage or someone tampering with the instrument, the company will do what is necessary free of charge. The first thing to do is to **send for a new battery**; usually this is all that is needed.

## Roller Applications

In making applications to any part of the body it would be well to first thoroughly cleanse the skin, leaving it slightly moist. You will notice small indentations in the roller; these are for the purpose of holding moisture. And wherever you apply the Roller either alone or in the Double application—as in the Electric Bath, for instance—either the skin should be moistened, or you should occasionally slightly dip the roller in water. As most skins are rather dry or oily, this moisture insures the most powerful action.



## Make This Test

**Make This Test:** A simple test will illustrate the idea. Turn on strength No. 2 and apply the roller to the left forearm. Now moisten the skin or slightly dip the roller in water and again roll the muscles of the forearm. You will notice a very marked difference in the way the muscles pull and contract. This holds good in all body applications with roller.

## Sponge Applications

At one end of the green cord is a ring clamp. at the other a small metal tip. Saturate the sponge applicator in water—thoroughly, through and through—then insert the metal tip into the small hole in the metal part of the handle. Insert the tip firmly by giving it a hard twist to the right as you insert it and it will hold tight. Now snap the ring clamp at the other end of the cord onto the handle of the Vitapulser, and you are ready to use the Sponge Applicator.

**Important:** In using the Sponge Applicator always hold one hand on the roller while applying the sponge with the other.

The Roller is one point of contact and the Handle of the Vitapulser is the other. When you use the Sponge Applicator, it is connected to the handle by the cord and ring clamp, therefore the other hand must hold the roller, and be sure to grasp the roller firmly. Hold the Sponge Applicator by its handle so the fingers will not come in contact with any of the metal parts.

## Double or Concentrated Applications

The Sponge Applicator is connected to the Vitapulser the same as for the Sponge application; the difference is that in the Double Application the Sponge and Roller are applied to the body at the same time.

The proper way to make the application may best be explained by outlining the main Indigestion treatment. Apply the thoroughly moistened sponge over the spine at the middle of the back; then, holding the Vitapulser in the other hand, massage and knead the flesh with the roller; rolling from the sponge around the sides and over the abdomen. The entire action of the Vitapulser is concentrated between the roller and sponge and will not be felt in the hands at all. In the Electric Bath the Double Application is used entirely. Remember to slightly



moisten the roller occasionally, and gradually increase the strength of the current during the application. The small knob at the top which controls the strength of current is placed so that it may be conveniently operated with the thumb.

**Extra Sponge Applicators:** It is desirable to have separate Sponge Applicators for facial and body applications; also each member of a family will desire his or her own individual applicator. Extra Sponge Applicators, already affixed to the metal disc so that they may be readily screwed to the handle, will be furnished by the company, at 25 cents each or two for 45 cents, post-paid.

**How to Clean the Sponge Applicator.** The sponge used on these applicators is especially imported from Greece, and is selected both for its soft, silklike texture and its unusual toughness. This particular kind of sponge may be nicely cleaned without removing it from the metal disc. Simply wash with ordinary soap and water, rinse thoroughly in clear water, and after drying it will be found as good as new.

**How to Insert New Batteries:** Untwist the cap at the lower end of the Vitapulser and allow the old battery to drop out. Insert the new one and replace the cap. Sometimes the cap fits a little tightly—they are intended to—but grasp the Vitapulser firmly and twist and the cap will turn and come off.

**Take Care of the Battery:** You can prolong the life of the battery in the Vitapulser, many times, by taking care of it. Never strain the battery by using the Vitapulser continuously till the battery is run down. When you feel the current begin to weaken very perceptibly, lay the Vitapulser away for a while so that the battery will have a chance to recover. If you find it necessary to use the Vitapulser steadily for an hour or two, as sometimes happens with physicians and others who may treat several people in succession, rest one battery and continue the treatment with the other.

Do not expose the battery to undue heat or moisture. Kept dry and with average conditions of temperature and usage, the special battery used in the Vitapulser will frequently do good service for months.



# The Principle of Using The Vitapulser

All applications must be made in direct contact with the skin.

Treatment with the Vitapulser may be divided into General and Local treatments. The Electric Bath and the Hand treatment are General treatments. The application where the Vitapulser is held under the arm and the roller is held in the hand, or any application which affects the general circulation, might be called a general treatment. The Scalp treatment, Headache, Neuralgia, Rheumatism, etc., are Local treatments.

The general rule in using the Vitapulser is to make applications at and around the pain or part which is deficient. This will relieve the congestion locally and will be sufficient in simple ailments. In more severe things, however, the circulation should also be stimulated in a general way so as to carry out the waste products to the proper excretory organs. As an illustration, take a simple case of Facial Neuralgia. The application may be made either with the roller, moistened, or with the sponge application, directly to and around the pain. This will relieve the pain in a few minutes. In a more severe case, the sponge or roller should then be moved down the side of the face beside the ear to the point of the jaw, and over the throat and shoulder. Also make applications around the base of the skull, from the nape of the neck around to and below the ear, over the throat and out over the shoulder. In a very severe case, add to this the Hand treatment or, better still, take the spinal application or Electric Bath, clear up the circulation and get the entire system in good working order.

Ordinarily a simple local application at and around the pain will relieve the trouble; the need for the additional applications will depend on the severity of the trouble. Under Special Directions this subject will be more fully brought out, but the above will give the idea or principle of using the Vitapulser.

**Length of Treatments—Strength of Current:** There is no fixed rule. An average treatment is 15 or 20 minutes. Five minutes' application will ordinarily relieve neuralgia. It depends very much on the condition. The Electric Bath will require 20 to 30 minutes. A safe general rule is not too much at one time, but often, rather than long, irregular treatments.



As a rule start with Strength No. 1 and gradually increase to No. 3. Some conditions will require the strongest current. It depends on the nature of the trouble and very much on the individual. Some will find No. 2 all they require at the start, but later will greatly relish much greater strength. This is the principle of it, but the subject will be covered further in the Special Directions.

**Use of Roller, Sponge Applicator and Double Applications:** There is no set rule as to which should be used. It will depend on what you are trying to accomplish. In facial treatments the sponge application is usually more agreeable; the roller being more powerful is generally more for use on the body. At the same time many will like to use the roller about the face in Neuralgia and Headache treatments.

The Vitapulser is used in so many different ways by different people that it is thought best not to insist that there is only one right way. For instance, one would apply the Roller and another would apply the Sponger for the same thing, with equally satisfactory results. The **Principle** of using the Vitapulser together with the Special Directions, will be the correct guide.

## Special Directions

In reading the Special Directions which follow, you will notice that in each instance, the idea is to make a Local application to the pain or part which is deficient; and to follow this with a General application, with the purpose of clearing the circulation; just as brought out in the Principle of using the Vitapulser. This process is repeated until bodily harmony is restored.

**HEADACHE**—Thoroughly moisten skin at base of skull; that is, at the center of the neck at the edge of the hair. Rotate roller there with Strength No. 2. Locate the right spot and you will feel intense vibration all over the head. Then pass roller around the neck to the point of jaw, down over shoulder. In severe Sick Headache, add to this the Stomach application. If a very bad case also give Electric Bath.

Headache may also be treated by Sponge application. See Plate No. 10 and follow above directions. Some will prefer to use the Sponge application.

**NEURALGIA—Facial**—The Sponge application is preferable. See Plates Nos. 9 and 10. One hand on roller, apply sponge directly over pain for a few minutes, then pass slowly down side of face beside ear, over throat and shoulder. Strength No. 1 and increase to No. 2 or more as desired. If a very severe case follow out the Principle or as indicated in Headache.



**SORE THROAT—Tonsillitis, Bronchitis—**Strength No. 2. Rotate Roller over sides of neck, base of ear to point of shoulder and from back of neck to point of shoulders. Strength No. 3 or 4; hold handle of Vitapulser under alternate arms, roller in hand; see Plate No. 5, five minutes. Then, thoroughly massage throat with Roller or Sponge application. Repeat the entire process after a while, and if necessary supplement with the Electric Bath.

**PLEURISY—**Strength No. 2; increase later. Massage spine, both sides, from back of neck to base of spine. Hold Vitapulser under arm; Plate No. 5. Also massage breast. Practice deep breathing throughout application. Have assistant apply sponge between shoulders and massage with roller (double application) with pressure, over back, under arms and breast. Gradually increase current during application.

**ATHLETICS—Strains, Sore Muscles, Lameness, etc.—**from over exercise. The sturdy construction of the Vitapulser will indicate that it is intended for business. And in the treatment of sore muscles use it **vigorously**. Moisten skin or roller, use Strength No. 2 and increase to 4 or more. Massage and knead the flesh with the roller. Use **pressure** even though it may hurt a little at the time; and as you roll and press gradually **increase** the current by pushing the little knob with the thumb. The poisons from excess exercise must be worked from the tissues and when deep seated, vigorous treatment will be necessary. Besides the local treatment, it would be well to follow with an occasional Electric Bath.

**LUMBAGO—**Muscular congestion. Treat as above. Use considerable pressure. Knead the Lumbar muscle so as to thoroughly work out the congestion. Strength No. 2 to 5. Roller application and Double application is best. The individual may treat himself as in Plate No. 6 or with the roller alone. A second party can give the double application more effectively. Apply sponge over spine and roll over Lumbar muscle towards hips. It may hurt a little, but not harm to use **pressure with the roller**, and this is a very effective part of all muscular treatments. Increase current during application. Moisten skin.

**RHEUMATISM—**The instructions given so far will suggest the way to treat Rheumatism. Use the Roller, Sponge or Double application. It will be well to alternate or combine them according to location of pain. If in forearm, use Roller; or hold roller in hand of the ailing arm and apply the sponge over and around the pain. If in hand one may also use this: Hold the instrument near the top and extend the thumb so as to touch the roller. This will concentrate all vibration in the hand.

**Sciatica:** Use roller, moistened, and knead entire limb, gradually increasing current: Place roller back of knee, locating large artery there and the entire limb will vibrate. See Plates Nos. 3 and 4. Hold Roller in hand and press Sponge Applicator into the fleshy part of the buttock over Sciatic nerve; use full strength if possible. Also use Double application over entire limb. See Plate No. 4. Place sponge at various places, then knead the limb up and down entire area. Moisten skin; increase current. These are all Local applications. Supplement with the Electric Bath several times per week. Apply sponge to end of spine (see chart of spine, Page 12) then roll and knead the limb along the Sciatic nerve. Press the Roller into the flesh as in muscular treatment.



**GOUT**—Massage sole of foot, ankle and heel below ankle with roller with moistened skin. Also make Sponge application all over foot. Then apply under knee. See Plates Nos. 3, 4 and 11. Locate the large artery which leads to the foot and vibrate it with as much current as comfortable.

**STOMACH**—Indigestion—Strength No. 2, increasing later. Apply Sponge Applicator directly over stomach five minutes, drawing blood to stomach. See Plate No. 7 for the idea, only, the application is to the stomach. Then massage and knead with roller, moistened. Also use Double application. See Plate No. 6. Apply Sponge at middle of back (see chart of spine, Page 12), then massage around sides and over stomach and entire abdomen. Knead the flesh lightly and increase current during application.

**KIDNEYS**—Bladder—Use Strength No. 2, increasing later. Apply sponge as shown in Plate No. 7. Move sponge slowly across entire region of Kidneys for about 10 minutes; then massage entire lower part of back and down sides clear across the hips. Also Double application as shown in Plate No. 8. Or treat yourself as shown in Plate No. 6.

**LIVER**—Use as indicated for Kidneys, only in region of Liver, which is the right side, just above the Kidney. This is for the purpose of stimulating the Liver.

**CONSTIPATION**—Follow about the same applications as indicated for Indigestion; giving particular attention, of course, to the region of the bowels; the lower abdomen. Use pressure with the roller and strong current.

The Rectal Electrode, a special attachment to be used with the Vitapulser is particularly valuable in cases of constipation.

The use of the Rectal Electrode is in the nature of a Double application. It is connected by inserting the metal tip at one end of the cord into a tiny hole at the upper end of the electrode and the clamp at the other end of the cord is then snapped onto the Vitapulser. The Rectal Electrode is then inserted into the rectum about the length of its metal part; use Strength No. 1 or 2 and massage and knead the lower abdomen, and around the sides with the moistened roller; being sure to use pressure over the bowels.

**PILES**—Saturate the Sponge Applicator in diluted witch hazel and apply to the inflammation. Follow with massage of limb and hips with roller; also over the region of end of spine.

**WEAKNESS**—Follow the general plan of the stomach and bowel applications. Use the Roller and Double applications around the sides and groins. Make applications with Sponge Applicator so as to draw blood to the parts. Also hold Vitapulser in crotch, roller in hand, as suggested in Plate No. 5.

The Rectal Electrode in the treatment of Prostatic trouble and Impotency is indispensable. It permits of a very direct application. Physicians depend on it, and it is so convenient to use, that those needing the treatment should include one with the Vitapulser equipment. It affords effectual self treatment at home.

**PARALYSIS**—Give Local treatment with Roller, Sponge and Double applications and follow with the Electric Bath.

**DEAFNESS**—Head Noises—Certain forms of deafness may be quickly relieved with the Vitapulser. It is not harmful in any case. Apply Sponge around the ear and over it. Also press the Sponge or the roller in the hollow below the ear at the point of the jaw. Press inward and upward. Also use Double application. Sponge under one ear; roller pressed in under the other; especially if deafness affects both ears. Also massage around base of skull from nape of neck and down over throat and shoulders.



**TOOTHACHE**—Often relieved quickly with the Vitapulser. Two tiny blood vessels—one carrying the blood in, the other taking it out—enter each tooth. Apply the roller, or better, the Sponge with Strength No. 2 to 4 directly to the ache for several minutes, then massage over throat and chest.

**EYES**—Frequently weak eyes result from a generally weakened physical condition. Besides gentle local application around the eyes with the Sponge Applicator, take several Electric Baths each week.

**SPRAINS—Bruises**—As shown by the discoloration, many tiny blood vessels have been broken allowing the blood to leak into the tissues. If very painful apply Sponge gently, with mild strength; follow with Roller around the pain and Double application with the idea of clearing the congestion.

**NERVOUSNESS—Insomnia, Fatigue**—Take Hand Treatment. See Plate No. 1. Use Strength Nos. 2 to 3. Sit comfortably in a rocker or better still lie down while taking this treatment. Take it gently for ten or fifteen minutes. Have some member of the family give you the Electric Bath. Lie comfortably face down and rest while they gently impart the Vital Impulse and roll away the bodily discord.

**ELECTRIC BATH**—The Principle of using the Vitapulser and the directions which have already been given, fairly well explain how to give the Electric Bath. This treatment is a great favorite with physicians who are equipped to give it, as it makes the patient feel good all over. It requires some time to give it thoroughly and is rather expensive so that few people—too few—know how very beneficial it is. Now, with the Vitapulser, anyone may take the treatment, with the conveniences and privacy of the home and at practically no cost.

By referring to the chart of the spine on Page 12, it will be seen that every organ and all parts of the body are connected with the spine. By affecting this center, every part of the body is stimulated and invigorated. The treatment is by means of the Double application. If it is desired to stimulate any particular part, apply the Sponge Applicator to the proper place on the spine, then knead and massage with Roller out to and around that part, and back to the starting place; repeating. Remember to start with gentle current and gradually increase as the treatment progresses. Moisten the skin or occasionally moisten the roller, while kneading. The one to be treated lies face down with the entire back bared, so as not to interfere with full freedom in reaching the troubled area. The one making the application then follows the chart of the spine, applying the sponge according to what it is desired to stimulate, and kneading with the roller as explained. See Plate No. 8. If **general results** are desired, begin at the Center of Neck and while slowly moving the Sponge Applicator down along the spine, to the end of spine, pass the Roller to all parts of the body; and over the entire area of the back.

This briefly outlines the Electric Bath. With a little study and practice anyone will soon become skillful in giving this treatment, and some wonderful results may be secured.

**COMPLEXION—Pimples, Eruptions, Etc.**—The Local applications for Improvement of the skin are quite simple. Use Sponge Applicator with Strength No. 1 or 2: See Plate No. 9. The outer skin is constantly scaling off and renewing: How clear it comes back depends on the health of the under or permanent skin. This under skin is a mass of tiny blood vessels and must be kept in normal healthy working order or the outer skin will suffer.



Besides the local treatment, the general condition of the body is very important as affecting the health of the under or permanent skin. Keep the digestion and other bodily functions in good working order and the complexion if taken care of is certain to be healthy and clean.

**Cleanliness is essential.** Use plenty of pure soap and water, with a good wash rag frequently: Keep the outer skin clean and the pores open. Cosmetics? Pure ones, and in reason, Yes; but, be careful. Remember that **enduring beauty** come from the inside—from the blood.

**HAIR AND SCALP**—The use of the Scalp Brush is in principle just like using the Sponge Applicator. You hold the Roller firmly with the fingers of one hand and brush the scalp—the scalp, mind you, not the hair only—with the brush.

In the metal button on the back of the scalp brush is a small hole. Insert the tip at one end of the cord into this hole. Press it in firmly and twist the tip to the right, hard, so that it will engage and hold tight. Connect the clamp onto the Vitapulser, and you are ready for the Scalp treatment. See picture on back cover of booklet, but remember to keep the bristles in **actual contact with the scalp itself**, as you brush the head slowly from front to back with Strength No. 1 or 2. See Plate No. 12.

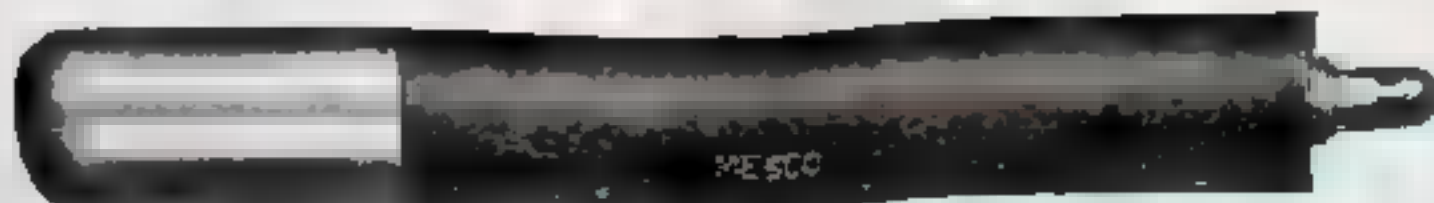
**A clean scalp is essential to its health.** Use pure soap and water, with a little scrubbing brush. Scrub the scalp—gently but thoroughly. A thorough rinsing is important; and then is a good time to use the scalp brush—while the scalp is clean and moist—but use it every evening for about ten minutes.

**SPECIAL NOTE:** The method of connecting the Scalp Brush has been changed since the illustration on the back cover and on plate No. 12 was made. To connect the Scalp Brush, insert the pin, which is at the end of the cord, into the hole in the back of the brush. This pin is inserted into the hole in the metal part of the Sponge Electrode, but a slight twist will remove it so that the Scalp Brush may be readily connected.

## Price List of Extra Parts

(POSTPAID)

Batteries .....	35c each; 3 for	1.00
Sponge Applicator.....	35c each; 2 for	60
Handle .....	each,	25c
Cords, with Tip and Ring Clamp.....	each,	75c
Sponge Electrode, complete.....	each,	\$1.25
Scalp Brush.....	each,	60
New Box for Vitapulser.....	each,	75c



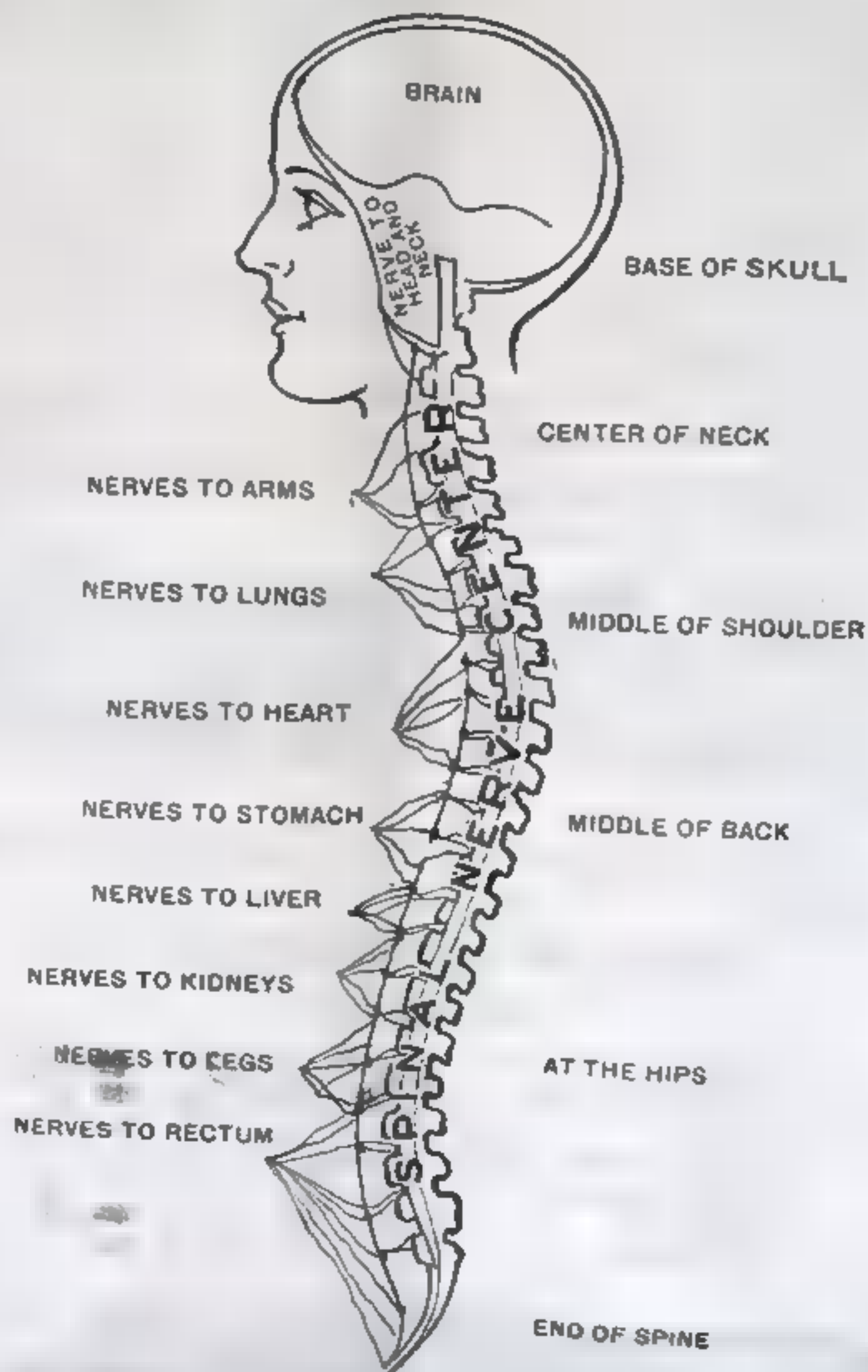
Rectal Electrode .....each, \$2.00



## Study the Spinal Chart

Every organ and every part of the body is connected with the spine. This is a very important fact in connection with many of the Vitapulser treatments, as explained in the Electric Bath directions.

Read the Electric Bath directions carefully.





# Health Without Drugs

**The Vitapulser—Nature's Method—Should  
Be in Every Home.**

In the Vitapulser are combined in one compact, convenient, ever-ready-to-use device, the three most powerful of Nature's remedial agents—Vibration, Massage and Electricity. To the credit of these three great natural powers, is due more benefits to suffering humanity than to all the drugs the world has ever produced.

In every community will be found many people who have experienced or can testify to the great benefits received from some one of the three great Nature forces, so that it is only to be expected that when the powers of all three are combined and concentrated in one device, the results are certain to be nothing short of wonderful, and "wonderful" is the expression used by almost every user of the Vitapulser.

**Life is blood in circulation.**

**Disease is faulty circulation.**

**Death—lack of circulation.**

Summed up in a very few words, we have here practically all that has been written in many learned medical books. So if at any time you hesitate or doubt that the Vitapulser will help you, recall the great fundamental truth of life, which is summed up in the above three lines, and remember that the effect of the Vitapulser is not on the mind, but on the flesh and blood. Its effects are the positive result of the combination of Nature's three most powerful forces for health. And so surely as you are flesh and blood the Vitapulser will do for you what it has done for hundreds and thousands of others all over the world.

Read over the General Directions in the foregoing part of the book. Study illustrations showing how the different applications should be made. Fix the "Principle of Using the Vitapulser" in your mind by PRACTICE, and you will soon be anxious to add your testimonial to the many others on this powerful and effective health device.



## Judge By the Testimony

### Stomach and Kidneys.

"I feel that it is only fair for me to write you what a great benefit I have had from your machine. For over five months had been suffering from Stomach and Kidney troubles.

"After using your device for about thirty days, find that I can eat almost anything, and the dull pain in the kidneys has entirely left. I think you should call it the Little Wonder. I know of a great many friends who would be glad to get such a device and will show mine to them. I take great pleasure in sending you this unsolicited testimonial."

MRS. A. A. CLOUD,

Artist, New York and Paris.

### Deafness and Rheumatism.

"Your machine relieved my wife from deafness of 20 years' standing. Also it is good for Headache and Rheumatism. If I could see you I could tell you more in a short time than I could write in an hour. I have waited until I was sure of the results as I could not afford to make any assertion or recommendation to my friends that I could not stand behind."

W. N. GALLOWAY,  
Edinburg, Ill.

### Certainly a Great Thing.

"I have received great benefit from the Vitapulser, and have noticed a great change, especially in the condition of my stomach. My sister finds the Hand treatment great for nervousness, and the scalp treatment is fine."

W. H. MILLER,  
London, Ont., Canada.

### A Wonderful Experience. Rheumatism Gone. Can Now Walk 20 Miles.

"I can truthfully say that your Vitapulser is a wonder. When it came I did not feel as though I would live another 24 hours, I was so crippled up with Rheumatism, which had affected my left lung and heart, so that I could only draw my breath in gasps, and expected to pass out at any moment. Today, after using the Vitapulser only one week, am so well can walk 20 miles without any trouble. You will not get my Vitapulser back, and several of my friends to whom I have shown it will send for one, each, as I have shown them what a wonder the little Vitapulser is."

OLE SKATTEBO,  
Slocum, B. C., Canada.

### Constipation. Also Hearing Improved.

"The Vitapulser has done wonders for me in a great many ways. I have taken only one dose of medicine for my bowels in a long time, and before using the Vitapulser I had been a user of cathartics for the bowels for 25 years. My spine feels better and I find my hearing also much improved."

MRS. HARTLEY, Gardner, Ill.

### Would Not Part With It.

"Have used the Vitapulser for over a year now. It has entirely relieved my Gout and has been useful in so many ways that I would not do without it for any consideration."

F. S. DICKSON, New York City.

**NOTE**—In writing to any of these references common courtesy demands that you send a stamped, self-addressed envelope for reply.

The letters shown in this booklet are only a few of the many thankful expressions from satisfied Vitapulser users. Those who are sickly or suffer bodily pains of any kind, certainly know it. And it is just as certain that they know when they are relieved. The Vitapulser will not fail you if used according to the simple directions.

Do not expect results too quickly. Your trouble did not develop all at once. You can no doubt recall many danger signals in the form of "little pains." And had the Vitapulser been applied promptly to drive away the little pains, they would probably never have accumulated into the big pain. Be patient and persevering, using the Vitapulser regularly, and soon the Vital impulse will be in evidence, sending the life blood bounding through the veins and arteries on its work of clearing away the congestion and discord, and restoring bodily harmony.

A special large folder of testimonial letters, showing many life-size photographic reproductions of the actual letters just as they have been received from grateful Vitapulser users will be gladly sent to anyone upon request.

## THE VITAPULSER

complete with Sponge Electrode and Scalp Brush Attachments, packed in handsome Leatherette Case, all charges prepaid, to any address on order. If Cash is sent, register the letter.

Commonwealth Electric and Manufacturing Company  
721 Olive St. St. Louis, Mo., U. S. A.

FRANK J. PRYZBY

2568 Salmon St. Philadelphia, Pa.



PLATE No. 7



SPONGE APPLICATION  
Backache Indigestion, Etc.

PLATE No. 9



SPONGE APPLICATION  
Neuralgia, Complexion, Etc.

PLATE No. 11



ROLLER APPLICATION  
Rheumatism, Gout, Etc.

PLATE No. 8



ELECTRIC BATH  
Kidneys, Liver, Nervousness, Insomnia, Etc.

PLATE No. 10



HEADACHE, NEURALGIA, SCALP  
Using Sponge Applicator

PLATE No. 12



SCALP TREATMENT  
See Directions, Page 11



*Art of Martin*



See  
"Special  
Note" on  
page 11